**<https://www.cdhb.health.nz/health-services/urology/>**

***Prostate Biopsy***

This is a procedure for urologists to remove samples of suspicious tissue from the prostate using a small needle, particularly to determine if cancer is present. It is the best method to reliably diagnose prostate cancer.

[Prostate Ultrasound and Biopsy (PDF, 170KB)](https://www.cdhb.health.nz/wp-content/uploads/Prostate-Ultrasound-and-Biopsy.pdf)

[Transperineal Prostate Biopsy (PDF, 200KB)](https://www.cdhb.health.nz/wp-content/uploads/Transperineal-Prostate-Biopsy.pdf)

[What Happens after a Prostate Biopsy (PDF, 260KB)](https://www.cdhb.health.nz/wp-content/uploads/What-Happens-after-a-Prostate-Biopsy.pdf)

***Prostate Cancer***

This is the cancer of the prostate, a small gland in males that produces seminal fluid for the transport of sperm. Prostate cancer is one of the most common types of cancer, however often it is slow growing and remains confined to the prostate gland. Signs of prostate cancer can include difficulty passing urine, blood in the urine and/or semen, and erectile dysfunction. Some slow growing prostate cancers may need minimal or no treatment at all, with just a watch and wait method used. Other prostate cancers may be more aggressive and require invasive treatment.

<https://www.cdhb.health.nz/health-services/radiation-oncology/>

<https://www.cdhb.health.nz/health-services/medical-oncology/>

<https://prostate.org.nz/>

<https://www.cancer.org.nz/>

<https://prostatematters.co.nz/>

<https://prostatematters.co.nz/prostate-cancer/>

<https://prostatematters.co.nz/where-to-start/what-is-the-prostate-gland/>

<https://prostatematters.co.nz/prostate-cancer/what-is-prostate-cancer/>

<https://prostatematters.co.nz/where-to-start/what-happens-if-you-have-a-raised-psa/>

<https://prostatematters.co.nz/prostate-cancer/future-screening-the-prostgram/>

<https://prostatematters.co.nz/prostate-cancer/prostate-cancer-diet-and-lifestyle/>

<https://prostatematters.co.nz/prostate-cancer/the-gleason-score/>

<https://prostatematters.co.nz/prostate-cancer/staging-prostate-cancer-measuring-its-severity/>

<https://prostatematters.co.nz/prostate-cancer/diagnosing-metastatic-spread-outside-the-prostate/>

<https://prostatematters.co.nz/prostate-cancer/diagnosed-with-advanced-metastatic-prostate-cancer/>

<https://prostatematters.co.nz/determining-suitable-prostate-cancer-treatment-options/>

<https://prostatematters.co.nz/introduction-to-focal-therapies-for-prostate-cancer/>

<https://prostatematters.co.nz/prostate-cancer/robotic-prostatectomy-or-radiotherapy-for-localised-prostate-cancer/>

<https://prostatematters.co.nz/prostate-cancer/prostate-cancer-an-overview-of-non-surgical-treatments/>

<https://prostatematters.co.nz/prostate-cancer/prostate-cancer-treatments-sbrt/>

[Prostate Cancer UK | Prostate Cancer UK](https://prostatecanceruk.org/)